



TEACHER TRAINING SCHEDULE
SPRING 2008

DAY	DATE	LOCATION	TIMES	TOPIC	HRS
Friday	6/20/2008	IRV	6:00-9:00pm	INTRO & ORIENTATION	3
Saturday	6/22/2008	HB	12-6PM	SUN SALUTES	6
Sunday	6/23/2008	IRV	12-6PM	BREATH AND BANDHAS STANDING POSES	6
Monday	6/23/2008	HB	6:00-7:45PM	ASSISTED PRACTICE	2
Wednesday	6/25/2008	HB	6:00-7:45PM	ASSISTED PRACTICE	2
Friday	6/27/2008	IRV	6:00-9:00pm	STANDING POSES	3
Saturday	6/28/2008	HB	12-6PM	PRACTICE TEACH STANDING POSES; SEATED	6
Sunday	6/29/2008	IRV	12-6PM	SEATED POSES; PRACTICE TEACH SEATED	6
Monday	6/30/2008	HB	6:00-7:45PM	ASSISTED PRACTICE	2
Wednesday	7/2/2008	HB	6:00-7:45PM	ASSISTED PRACTICE	2
Saturday	7/5/2008	HB	12-6PM	BACKBENDS AND INVERSIONS	6
Sunday	7/6/2008	IRV	12-6PM	PRACTICE TEACH	6
Monday	7/7/2008	HB	6:00-7:45PM	ASSISTED PRACTICE	2
Wednesday	7/9/2008	HB	6:00-7:45PM	ASSISTED PRACTICE	2
Friday	7/11/2008	IRV	6:00-9:00pm	ANATOMY & PHYSIOLOGY	3
Saturday	7/12/2008	HB	12-6PM	HEALTH COURSE	6
Sunday	7/13/2008	IRV	12-6pm	HEALTH COURSE	6
Monday	7/14/2008	HB	6:00-7:45PM	ASSISTED PRACTICE	2
Wednesday	7/16/2008	HB	6:00-7:45PM	ASSISTED PRACTICE	2
Friday	7/18/2008	IRV	6:00-9:00pm	ANATOMY & PHYSIOLOGY	3
Saturday	7/19/2008	HB	12-6PM	FUNDAMENTAL ACTIONS OF ASANAS; ART OF TEACHING	6
Sunday	7/20/2008	IRV	12-6PM	PRACTICE TEACHING	6
Monday	7/21/2008	HB	6:00-7:45PM	ASSISTED PRACTICE	2
Wednesday	7/23/2008	HB	6:00-7:45PM	ASSISTED PRACTICE	2
Friday	7/25/2008	IRV	6:00-9:00pm	ANATOMY & PHYSIOLOGY	3
Saturday	7/26/2008	HB	12:00-6:00PM	PRACTICE TEACHING	6
Sunday	7/27/2008	IRV	12:00-6:00PM	PRACTICE TEACHING	6
Monday	7/28/2008	HB	6:00-7:45PM	ASSISTED PRACTICE	2
Wednesday	7/30/2008	HB	6:00-7:45PM	ASSISTED PRACTICE	2
Friday	8/1/2008	IRV	6:00-9:00pm	ANATOMY & PHYSIOLOGY	3
Saturday	8/2/2008	HB	12-6PM	ASANA MODIFICATIONS, INJURIES	6
Sunday	8/3/2008	IRV	12-6PM	PRACTICE TEACHING; BUSINESS OF YOGA; REVIEW FOR EXAM	6
Monday	8/4/2008	HB	6:00-7:45PM	ASSISTED PRACTICE	2
Wednesday	8/6/2008	HB	6:00-7:45PM	ASSISTED PRACTICE	2
Friday	8/8/2008	IRV	6:00-9:00pm	ANATOMY & PHYSIOLOGY	3
Saturday	8/9/2008	HB	12-6PM	YOGA PHILOSOPHY	6
Sunday	8/10/2008	IRV	12-6pm	YOGA PHILOSOPHY	6
Monday	8/11/2008	HB	6:00-7:45PM	ASSISTED PRACTICE	2
Wednesday	8/13/2008	HB	6:00-7:45PM	ASSISTED PRACTICE	2
Friday	8/15/2008	IRV	6:00-9:00pm	WRITTEN EXAM	3
Saturday	8/16/2008	HB	12-6PM	PRACTICE TEACHING	6
Sunday	8/17/2008	IRV	12-6pm	PRACTICE TEACHING	6
Monday	8/18/2008	HB	6:00-7:45PM	ASSISTED PRACTICE	2
Wednesday	8/20/2008	HB	6:00-7:45PM	ASSISTED PRACTICE	2
Friday	8/22/2008	IRV	12:00-4:00PM	PRACTICUM EXAM	4
Saturday	8/23/2008	HB	12:00-8:00PM	PRACTICUM EXAM	8
Friday	8/29/2008	IRV	6-8PM	GRADUATION	

NEED 180 CONTACT HRS

180