



TEACHING POSITION APPLICATION

Please note this is for your reference and preparation only. Applications to teach will only be accepted through our application platform on our website. Visit www.yogashaktistudio.com to complete the process.

First Name: _____ Last Name: _____

Phone Number: _____ Email Address: _____

TELL US ABOUT YOUR TRAINING:

1. Are you currently registered with the Yoga Alliance?
2. What certifications do you hold? (i.e. (E-)RYT 200, (E-)RYT 500, RPYT, RPYT, or specialties)
3. Where and when did you complete your training(s)? Include school, city and state, and year. *Note: if you completed your training with us, ok to leave blank.*
4. To what extent did your training cover the following topics? *Note: if you completed your training with us, ok to leave blank:*
 - Anatomy & Physiology for Yoga:
 - How to Sequence a Class:
 - Modifications and Injuries:
 - Actual Practice Teaching Time (# of Hours):
5. Were you required to pass a teaching practicum in order to receive your certificate?

TELL US ABOUT YOUR TEACHING EXPERIENCE:

6. Do you currently teach?

7. How long have you been teaching?

8. What is your current weekly teaching schedule? (Include where and when)

9. What is your typical class size?

10. What style(s), type(s), and level(s) of class do you most like to teach? Why?

11. What other styles, types, levels of yoga do you teach or are you able to teach?

12. What type of experience do you strive to create for you students when you teach?

13. What is your long-term weekly availability for taking on new classes?

14. How many new classes per week, ideally, are you looking for?

15. Do you currently or plan on teaching yoga on a full time basis?

TELL US ABOUT YOUR PERSONAL PRACTICE:

16. What style/type/level of yoga do you enjoy practicing?

17. Describe your personal practice (i.e. how long you have been practicing, how often you practice now, where or with whom do you practice, what type of intensity, etc...)

18. Who have been your most significant influences in your practice and understanding of yoga? Why?

19. Why are you interested in teaching at Yoga Shakti?